

UPPER ARM INJURY BUYER'S GUIDE

presented by:
body helix



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SHOULDER INJURIES

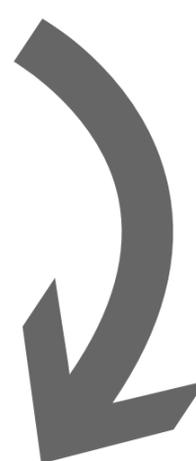
Rotator Cuff Tear
Frozen Shoulder
Biceps Tendonitis
Labral Tear

AC Joint Pain
Triceps Tendonitis
Sub Deltoid Bursitis

Is your pain at the front, back, or top of the shoulder...



TRY THE



**ADJUSTABLE
SHOULDER
HELIX**

BICEPS & TRICEPS INJURIES

COMMON TERMS

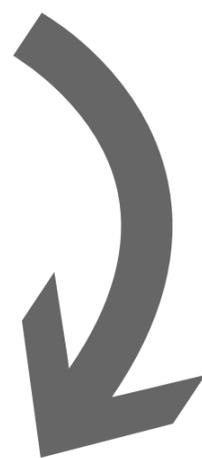
Biceps Tendon Strain
Upper Arm Pain

Triceps Tendon Strain

WHERE IS YOUR PAIN?



If your pain is in the upper belly (front of arm) or the belly of the triceps (back of arm), then try the :



**BICEPS/TRICEPS
HELIX**

WHY COMPRESSION WORKS

LESS SWELLING

Inflammation and swelling can inhibit the healing process. Compression is proven to help reduce swelling.

FASTER TISSUE REPAIR

The combination of reduced swelling and delivery of oxygen and nutrients to the injury site enables more rapid tissue repair and an overall faster healing process.

MORE OXYGEN

Injured tissue requires oxygen in order to repair itself. Swelling can inhibit the flow of blood to an injury, slowing down the healing process. Compression helps improve blood flow, thereby enhancing the delivery of oxygen to damaged tissue.

BETTER PROPRIOCEPTION

Compression increases proprioception, the concept of knowing where your body is in space and the ability to safely maneuver around your environment.

BODY HELIX DIFFERENCE



FORM-FIT TECHNOLOGY

A Helix consists of comfortable, uniform medical-grade compression in the range of 20-30 millimeters of mercury. The higher the number, the more pressure we feel.



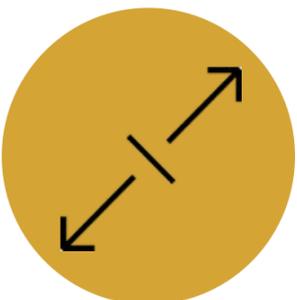
MOISTURE ACTIVATED ADHERENCE

You've seen the person at the gym or on the court stop to pull up their knee sleeve or adjust their thigh wrap. That won't happen with a Helix. Thanks to our fabric's Moisture Activated Adherence, our sleeves utilize the sweat from your body and allow the fabric to act like an adherent between your skin and the product. It won't slip or move during activities.



CLOSED-CELL FABRIC SCIENCE

Our competitor's wraps soak up sweat, which often leads to unpleasant odors from bacteria becoming trapped within the fabric. Because a Helix features Closed-Cell Fabric Science technology, it won't hold sweat or water and you'll never have to worry about odors or health issues from trapped bacteria.



INFINITE MOTION

Many of our competitor's products will only stretch up to 50%, which often restricts joint movement while being active. Our sleeves are made of the highest quality compression material available and will stretch more than the human body. What this means for you is simple: you won't alter your mechanics of motion when you serve, swing, bend, or run. You can continue to play your game, your way, without limits.

TESTIMONIALS

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“I make my living as a tennis professional and love the Adjustable Shoulder Helix! I wear it all the time.”

-JoAnne Russell, Wimbledon Tennis Champion

"I have had bicep pain for a long time. I have tried exercise, physical therapy and the doctor and nothing seemed to help. Got a bicep sleeve and I am pain free. The band gives me the support while exercising and doing everyday activities. It stays in place and fits perfectly."

-Kathy H.

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THANK YOU!

If you have any questions about which is the best Helix for your injury, feel free to email us at info@bodyhelix.com.

We'd like to offer you a **10% off** your next purchase. Please use coupon code **UPPERARM10** at checkout.